

Sapling Cognitive Behavioural Therapy (SaplingCBT)

Health and safety

Building	Each setting has protocols in place managed by the centre owner. Hannah Byrne agrees to a visual inspection and to notify centre management should an issue arise. You are responsible for own safely negotiating the entrance to the building.
Infection control including COVID-19	<ul style="list-style-type: none"> • Each Centre has its own protocol please ask should you require additional information. Hannah Byrne agrees to adhere to each center protocol. • We are now a cashless service, payment to be via bank transfer 24 hours prior to appointment. • Face masks must be worn in the communal area where, it is your choice to wear or not in the clinic room • Waiting room will not be used. Please ring buzzer at the time of appointment and wait to be let into the building. • Room sanitized appropriately before and after patients. • An automated hand sanitizer has been positioned in the waiting area. • Cleaning protocols have been put in place before and after patient appointments. • Hannah Byrne complies with regular handwashing and high standard of personal cleanliness • No one to attend appointment if they show signs of any contagious illness. Please let us know as soon as possible should you be unable to attend. • Sapling CBT are registered with track and trace we encourage you to download the app and check in when you get into the clinic rooms.
Data	Minimal paperwork carried between clinics. Where possible paperwork is identified with initials only. Paperwork will be destroyed upon case closure Your confidential notes will then be stored electronically and kept in line with Sapling Cognitive Behavioural Therapy insurance providers recommendations. Sapling CBT is a member of the Information Commissioner's Office (ICO) adhering to the Data Protection Act (DPA) and the General Data Protection Regulation (GDPR) obligations.
Safeguarding and risk management	<p>Regardless of whether your child attends with you or alone children always remain the responsibility of their parents. Hannah Byrne has undertaken checks for suitability to work with children through the disclosure and barring service (DBS). Patient whose risk is deemed higher than low will have a temporary break in treatment and be referred to an appropriate service.</p> <p>Confidentiality is kept unless in the instance of increased risk or safeguarding concerns when this can be broken. You will be made aware if this arises.</p>

Professional standards

Therapist Hannah Byrne is accredited with the Behavioural association of Cognitive and Behavioural Therapies (BABCP). Hannah adheres to standards and keeps up to date with regular training.
Hannah Byrne receives regular clinical supervision by an accredited supervisor.